MACQUARIE CENTRE

Leftover Christmas Ham Fried Rice





Prep time: 20 mins

Cook time: 10 mins

INGREDIENTS

Fried Rice

- 1 sml brown onion, peeled & finely diced | Panetta Mercato
- 2 garlic cloves, peeled & crushed | Panetta Mercato
- 2 spring onions, sliced | Panetta Mercato
- 1 cup diced vegetables*
- 150g leftover Christmas ham, finely diced | Tender Gourmet Butchery
- 2 eggs | Panetta Mercato
- 2 cups cooked, cold rice* or a 250g microwave rice pouch
- 2 tbsp light-tasting olive oil

Sauce

- 1 tbs mirin or Chinese cooking wine | Miracle Supermarket
- 1 tbs oyster sauce | Miracle Supermarket
- 1 tbs soy sauce | Miracle Supermarket
- 1 tsp sesame oil or olive oil | Miracle Supermarket
- · Freshly ground white or black pepper, to taste

METHOD

- 1. Prepare onion, garlic, spring onions and ham. Whisk eggs in a bowl. In another bowl mix all sauce ingredients.
- 2. Heat 2 tbs oil in a large frying pan, add onion and ham. Cook over medium heat until onion is translucent, about 2 mins. Add vegetables and cook, stirring for 1 min. Add rice and stir until no longer lumpy. Add garlic and pour in the sauce, mix well.
- 3. Move rice off to the side of the pan and add in whisked eggs. Scramble until set. Add spring onions and stir everything to combine.
- 4. Remove from heat and serve while hot!

*NOTES: you can use frozen mixed vegetables here, no need to defrost (carrot, peas and corn mix for example) or use fresh, finely chopped - carrot, celery, broccoli or broccolini work really well. The rice must be completely cold – chilled overnight in the fridge - otherwise your fried rice will turn into mush.







